



Toadshade Wildflower Farm's  
**Native Groundcovers: Sustainable Living Mulch**  
[www.toadshade.com](http://www.toadshade.com)

Scientific Name	Common Name	Height	Sun Requirements	Moisture Requirements	A Few More Details
<i>Achillea millefolium</i>	Yarrow	1-3 ft	Sun to Part Sun	Dry to Average	Clay/Poor Soil Tolerant
<i>Adiantum pedatum</i>	Maidenhair fern	1-2.5 ft	Part Sun to Shade	Average to Moist	Acid tolerant, attractive foliage
<i>Anemone canadensis</i>	Canada Anemone	1-2 ft	Sun to Shade	Average to Moist	Clay tolerant, white flowers May-June
<i>Antennaria plantaginifolia</i>	Plantain-Leaved Pussytoes	3-6 in	Sun to Part Sun	Dry to Moist	Acid tolerant, low-growing except for flowering stalk, American Lady Butterfly host plant
<i>Aquilegia canadensis</i>	Wild Eastern Columbine	1-2 ft	Sun to Shade	Dry to Average	Red/Yellow Flowers attract hummingbirds in Spring
<i>Asarum canadense</i>	Canadian Wildginger	6-12 in	Part Sun to Shade	Moist	Host Plant for Pipevine Swallowtail
<i>Athyrium filix-femina</i>	Lady fern	1-3 ft	Sun to Shade	Average to Moist	Rich soil, somewhat drought tolerant, attractive foliage
<i>Carex appalachica</i>	Appalachian Sedge	1-2 ft	Part Sun to Shade	Dry to Average	Fine-leaved sedge, Deer resistant
<i>Carex grayi</i>	Gray's Sedge	2 ft	Sun to Shade	Average to Moist	Deer Resistant
<i>Carex intumescens</i>	Shining Bur Sedge	1-2.5 ft	Sun to Shade	Average to Moist	Host Plant for Several Butterflies
<i>Carex lupuliformis</i>	Hop Sedge	1-3.5 ft	Sun to Shade	Average to Moist	Clay Tolerant, Good Rain Garden Plant
<i>Carex lurida</i>	Shallow Sedge	1-4 ft	Sun to Shade	Moist to Wet	Tolerates Periodic Flooding
<i>Carex pensylvanica</i>	Pennsylvania Sedge	6-10 in	Part Sun to Shade	Dry to Moist	Fine-leaved, Semi-Evergreen
<i>Carex radiata</i>	Eastern Star Sedge	1-2 ft	Part Sun to Shade	Average to Moist	Sand Tolerant, Seeds Eaten by Songbirds
<i>Carex rosea</i>	Rosy Sedge	12-18 in	Part Sun to Shade	Dry to Moist	Evergreen, Thrives in Dry Shade
<i>Cerastium arvense</i>	Starry Cerastium	6-10 in	Sun	Dry to Average	White Flowers from April to Early Summer
<i>Chamaepericlymenum canadense</i>	Bunchberry	3-8 in	Sun-Shade	Moist	Acid tolerant (actually prefers acid soil), attractive foliage, showy flower May-Sept
<i>Chrysogonum virginianum</i>	Green and Gold	6-12 in	Part Sun to Shade	Moist	Acid tolerant, Yellow flowers in Spring and Fall
<i>Clinopodium vulgare</i>	Wild Basil	1-1.5 ft	Sun to Part Sun	Dry to Average	Pollinator Favorite, Purple Flowers June-Sept.
<i>Comptonia peregrina</i>	Sweet fern	2-5 ft	Sun to Part Sun	Wet to Average	Sand/gravel tolerant, good rain garden plant, drought tolerant, attractive foliage, forms colonies
<i>Coreopsis rosea</i>	Rose Coreopsis	1-2 ft	Sun to Part Sun	Moist	Sand Tolerant, Pollinator Favorite
<i>Dennstaedtia punctilobula</i>	Eastern Hay-Scented Fern	1.5-2 ft	Part Sun to Shade	Average to Moist	Sand and rocky soil tolerant, acid tolerant, attractive foliage, forms colonies
<i>Dicentra eximia</i>	Fringed Bleeding Heart	1-2 ft	Part Sun	Moist	Attractive foliage and flowers April-Sept
<i>Diervilla lonicera</i>	Bush-honeysuckle	2-3 ft	Sun to Shade	Dry to Average	Flowers June-July, Attracts Hummingbirds
<i>Elephantopus carolinianus</i>	Elephant's Foot	1-3.5 ft	Sun to Part Sun	Dry to Average	Tolerates very poor soil, blooms August-first frost
<i>Eurybia divaricata</i>	White Wood Aster	1-3 ft	Part Sun to Shade	Dry to Average	Thrives in Dry Shade, Flowers Aug-October
<i>Eurybia macrophylla</i>	Large-Leaved Aster	2-4 ft	Sun to Shade	Dry to Moist	Host Plant for Several Butterflies
<i>Fragaria virginiana</i>	Wild Strawberry	6 in	Sun to Part Sun	Dry to Average	Produces Edible Fruit in the Spring
<i>Geranium maculatum</i>	Wild Geranium	1-2 ft	Sun to Part Sun	Average to Moist	Beautiful Flowers April-June, Drought Resistant
<i>Geum rivale</i>	Purple Avens	9-18 in	Sun to Part Sun	Moist to Wet	Attractive foliage, flowers purple May-Aug, bumblebee favorite, semi-evergreen
<i>Heuchera americana</i>	American Alumroot	1-2 ft	Sun to Part Sun	Dry to Average	Attractive foliage, flowers April-July, native bee favorite
<i>Hydrophyllum canadense</i>	Bluntleaf Waterleaf	1-3 ft	Part Sun	Moist to Wet	Attractive spotted foliage, pink/white flowers in April-May
<i>Iris cristata</i>	Dwarf Crested Iris	6-9 in	Sun to Shade	Average to Moist	Acid soil tolerant, beautiful flowers April-May, drought tolerant
<i>Juncus tenuis</i>	Path Rush	6-12 in	Sun to Part Sun	Average to Moist	Thrives in Footpaths: very walkable! Deer resistant
<i>Luzula acuminata</i>	Hairy Woodrush	6-18 in	Part Sun to Shade	Average to Moist	Clay, Acid, and Gravel tolerant, attractive foliage, semi-evergreen
<i>Lysimachia lanceolata</i>	Lanceleaf Loosestrife	1-2 ft	Sun to Part Sun	Average to Moist	Attractive red foliage, blooms yellow Jun-Aug
<i>Maianthemum stellatum</i>	Starry False Solomon's-Seal	1-3 ft	Sun to Shade	Average to Moist	Thrives in shade, attractive foliage, inedible showy berries are wildlife food
<i>Mitchella repens</i>	Partridge Berry	1-3 in	Part Sun to Shade	Average to Moist	Tolerates poor/packed soil, attractive evergreen foliage, inedible showy berries are wildlife food
<i>Mitella diphylla</i>	Twoleaf Miterwort	10-18 in	Shade	Moist	Beautiful Flowers April-June, attractive foliage
<i>Monarda punctata</i>	Spotted Horsemint	1-3 ft	Sun to Part Sun	Dry to Average	Salt tolerant, pollinator favorite
<i>Onoclea sensibilis</i>	Sensitive fern	1-3 ft	Sun to Shade	Average to Moist	Clay tolerant, deer resistant, attractive foliage
<i>Opuntia humifusa</i>	Eastern Prickly Pear Cactus	6-18 in	Sun	Dry to Average	Salt tolerant, beautiful flowers Jun-Aug, spines and edible fruit
<i>Pachysandra procumbens</i>	Allegheny Spurge	6-18 in	Parts Sun to Shade	Average to Moist	Rich soils, blooms white March-April
<i>Packera aurea</i>	Golden Ragwort	6-18 in	Sun to Part Sun	Average to Moist	Acid and Clay tolerant, low-growing except for flowering stalks, Northern Metalmark host plant, semi-evergreen
<i>Packera obovata</i>	Round-leaved Ragwort	6-18 in	Part Sun	Average to Moist	Clay and sand tolerant, low-growing except for flowering stalks, Northern Metalmark host plant
<i>Packera paupercula</i>	Balsam Ragwort	12-18 in	Sun-Part Sun	Moist	Sand and rocky soil tolerant, low-growing except for flowering stalks, Northern Metalmark host plant
<i>Parthenocissus quinquefolia</i>	Virginia Creeper	vine	Sun to Shade	Dry to Moist	Climbing deciduous vine, host plant for several interesting moths, inedible berries are wildlife food
<i>Penstemon digitalis</i>	Tall White Beardtongue	2-4 ft	Sun to Part Sun	Dry to Average	Tolerant of acid, salt, clay, black walnuts, low-growing except for flowering stalk, very deer resistant
<i>Persicaria virginiana</i>	Jumpseed	1-3 ft	Sun to Shade	Dry to Moist	Clay tolerant, attractive foliage, deer resistant
<i>Phlox stolonifera</i>	Creeping Phlox	6-12 in	Part Sun to Shade	Average to Moist	Beautiful pink/purple flowers April-June, tolerates acid soil and drought
<i>Phlox subulata</i>	Moss Phlox	2-6 in	Sun to Part Sun	Dry to Average	Thrives in dry and rocky soil, beautiful pink flowers April-June, mat-forming
<i>Podophyllum peltatum</i>	May Apple	12-18 in	Part Sun to Shade	Moist	Rich soils: beautiful classic woodland spring flower, spring ephemeral (collapses during summer)
<i>Polemonium reptans</i>	Spreading Jacob's Ladder	8-16 in	Part Sun to Shade	Average to Moist	Beautiful purple flowers April-June, attractive foliage

<i>Rubus flagellaris</i>	Northern Dewberry	low vine	Sun to Part Sun	Dry to Average	Creeping (not climbing) vine, drought tolerant, edible fruit, thorns, pollinator favorite
<i>Ruellia humilis</i>	Wild Hairy Petunia	6-12 in	Sun to Part Sun	Dry to Average	Drought and poor soil/clay tolerant, beautiful large lavender flowers June-August, tolerates mowing
<i>Salvia lyrata</i>	Lyreleaf Sage	1-2 ft	Sun to Part Sun	Dry to Average	Sand, clay, foot traffic tolerant, low-growing except for flowering stalk, attractive foliage
<i>Schizachyrium scoparium</i>	Little Bluestem Grass	2-3 ft	Sun	Dry to Average	Beautiful blue-colored grass that turns copper as the season progresses
<i>Sedum ternatum</i>	Wild Stonecrop	4-8 in	Part Sun to Shade	Dry to Moist	A true native succulent! Evergreen, showy white flowers each Spring, tolerant of dry shade
<i>Sibbaldiopsis tridentata</i>	Three-toothed Cinquefoil	3-12 in	Sun to Part Sun	Average to Dry	Sand/rocky, acid soil tolerant, white flowers June-July, leaves turn an attractive red in the fall
<i>Solidago flexicaulis</i>	Zig-Zag Goldenrod	1-3 ft	Sun to Shade	Dry to Moist	Salt and acid tolerant, yellow flower July-Sept
<i>Sporobolus heterolepis</i>	Northern Dropseed	2-3 ft	Sun	Dry to Average	Salt tolerant, very showy ornamental grass, pink cloud-like flowers turn to bronze foliage in the fall
<i>Thalictrum dioicum</i>	Early Meadow-Rue	1-2 ft	Part Sun	Moist	Beautiful foliage, good rain garden plant, attracts butterflies
<i>Thelypteris noveboracensis</i>	New York fern	1-2.5 ft	Part Sun to Shade	Average to Moist	Sand, gravel, acid tolerant, attractive foliage
<i>Tiarella cordifolia</i>	Wherry's Foamflower	6-12 in	Part Sun to Shade	Average to Moist	Rich soil, small white flowers April-May, attractive foliage
<i>Tradescantia virginiana</i>	Virginia Spiderwort	1.5-3 ft	Sun to Part Sun	Dry to Moist	Sand, clay, acid, gravel, black walnut tolerant, dark violet flowers May-July, cut back in midsummer
<i>Uvularia sessilifolia</i>	Sessile-leaf Bellwort	3-12 in	Part Sun to Shade	Average to Moist	Beautiful bell-shaped creamy white flowers April-June
<i>Vaccinium vitis-idaea</i>	Lingonberry/Mountain Cranberry	6-12 in	Part Sun to Shade	Average to Wet	Evergreen, prefers acid soil, sand/gravel tolerant, produces edible cranberry-like fruits in June-August
<i>Viola sororia</i>	Common Blue Violet	4-8 in	Sun to Shade	Average	Clay tolerant, host plant for Fritillary butterflies, tolerant of mowing, dark purple flowers March-June
<i>Viola striata</i>	Striped Cream Violet	8-16 in	Sun to Part Sun	Average to Moist	Nearly evergreen foliage, creamy white flowers April-June
<i>Waldsteinia fragarioides</i>	Barren Strawberry	6 in	Sun to Shade	Dry to Moist	Clay tolerant, yellow flowers April-May, evergreen foliage (does not bear edible fruit)
<i>Gaultheria procumbens</i>	Wintergreen	3-6 in	Part Sun to Shade	Dry to Moist	Very attractive foliage, small bell-shaped flowers attract bumblebees May-July
<i>Zizia aurea</i>	Golden Alexanders	1-2.5 ft	Sun to Part Sun	Average to Moist	Showy yellow flowers April-June, host plant for Black Swallowtail butterfly